



TRUTH & RELATIVITY

GROUP LEADER GUIDE



SERIES: TRUTH & RELATIVITY

Primary Goal: Help believers think clearly, stand confidently, and share Jesus with courage and love.

IN MY OPINION

Lesson Overview

This lesson shows that right and wrong are not personal opinions but objective moral facts grounded in God's unchanging character, and when we replace His truth with our own, confusion and injustice follow.

Big Idea

Morality is a fact of reality—grounded in the unchanging moral nature of God.

How to Apply

Choose to align your decisions with God's unchanging truth rather than your shifting feelings or cultural pressure.

Icebreaker

Ask the group:

“If you could create one rule that everyone in the world had to follow, what would it be?”

Let each person answer briefly. Then follow up with:

“Why did you choose that rule?”

“Do you think your rule should apply to everyone—or just people who agree with you?”

Scripture & Reflection

Judges 21:25 (NKJV)

“In those days, there was no king in Israel; everyone did what was right in his own eyes.”

When everyone becomes their own standard of truth, confusion and compromise follow. This verse shows what happens when people replace God's authority with personal opinion—moral chaos becomes normal. The question for us is simple: Am I living by what feels right in my eyes, or by what is right in God's eyes?

Teaching Activity

Write two opposite moral statements on paper. Ask: Can both be true? Why not?

Group Discussion

1. What is the difference between a fact and an opinion?

2. Do some moral issues feel like opinions, or do they feel like facts? Why?
3. If moral relativism is only personal preference, what happens to justice or right and wrong?
4. Why do you think morality would need an unchanging standard?

Next Step

This week, pause before one key decision and ask: “Is this based on my opinion—or God’s truth?” Then open Scripture, find what God says about it, and choose alignment over preference.

Closing Prayer

Thank You

Lord, thank You for being the unchanging standard of truth and goodness. Thank You that right and wrong are not random or shifting, but grounded in Your holy character. Thank You for writing Your moral law on our hearts and giving us Your Word to guide us.

Sorry

We’re sorry for the times we have trusted our own opinions over Your truth. Forgive us for calling good what You call evil, and for ignoring conviction when it was inconvenient. Forgive us for wanting freedom without accountability and truth without submission.

Please

Please align our hearts with Your truth. Give us humility to follow You, courage to stand firm in a culture of shifting standards, and wisdom to recognize when we are drifting. Help us reflect Your character in the way we think, speak, and live.

In Jesus’ name, Amen.

MORAL LAW GIVER

Lesson Overview

This lesson reveals that morality is not invented by culture or individuals but originates in the character of God—the Alpha and Omega. He establishes moral law, sustains it, empowers us to live by it, and ultimately holds us accountable to it. True moral clarity begins and ends with Him.

Big Idea

Moral law is grounded in the unchanging character of God—the Alpha and the Omega.

How to Apply

Instead of defining right and wrong by preference or culture, align your life with the character and authority of the Moral Law Giver.

Icebreaker

If there were no laws in the world for one day, what do you think would happen?

Scripture & Reflection

Revelation 22:13

“I am the Alpha and the Omega, the Beginning and the End, the First and the Last.”

God is not just present at the beginning and end of time—He is the beginning and end of moral reality. Morality doesn't start with us; it starts with Him.

Teaching Activity

Draw two columns: “Opinion” and “Fact.” Ask the group to list examples of each. Then ask: Can moral law belong in the “Opinion” column if there is a holy Law Giver?

Group Discussion

1. Do you think right and wrong come from people or from God? Why?
2. Why can't humans be the ultimate moral standard?
3. What happens when everyone decides their own version of truth?
4. If God is holy and perfect, how should that shape how we live?

Next Step

This week, before making a moral decision, ask: “Am I defining this by culture—or by the character of God?”

Closing Prayer*Thank You*

Lord, thank You for being the Alpha and the Omega—the beginning and end of all truth. Thank You that morality is not shifting but rooted in Your holy character.

Sorry

Forgive us for redefining right and wrong to suit our preferences. Forgive us for elevating opinion above Your authority.

Please

Align our hearts with Your law. Empower us by Your Spirit to live holy lives, stand firm in truth, and rest in the grace You provide through Jesus.

In Jesus’ name, Amen.

TRUTH BE TOLD

Lesson Overview

This lesson shows that truth is not created by opinion, culture, or popularity—it is real, knowable, and revealed by God. Through Elijah’s confrontation with the prophets of Baal on Mount Carmel, we see that truth stands firm while false beliefs eventually collapse. God invites us to stop wavering between opinions and choose to follow what is real.

Big Idea

Truth is real, knowable, and revealed by God—and we must choose to follow it.

How to Apply

Instead of wavering between opinions, commit to following God’s truth even when culture or pressure says otherwise.

Icebreaker

Ask the group: Have you ever believed something was true, only to later discover it wasn’t? What helped you realize the truth?

Scripture & Reflection

Key Verse | 1 Kings 18:21

“How long will you falter between two opinions? If the Lord is God, follow Him; but if Baal, follow him.”

In Elijah’s time, the people of Israel were trying to follow both God and false gods at the same time. Elijah challenged them to stop wavering and make a decision. Truth requires commitment. When truth is clear, we are called to follow it.

Jesus later said: **John 8:31–32** “If you abide in My word... you shall know the truth, and the truth shall make you free.”

Truth is not hidden—it can be known. And when we follow it, it brings freedom.

Teaching Activity

Ask two volunteers to stand up.

Tell one volunteer to say:

“The sky is green.”

Ask the other volunteer to say:

“The sky is blue.”

Ask the group: Can both statements be true at the same time?

Explain: Truth corresponds to reality. Something cannot be both true and false at the same time.

Then connect it to Elijah's challenge: Truth requires choosing what is real.

Group Discussion

1. Why do you think people struggle to choose truth today?
2. What does it look like to "falter between two opinions" in modern culture?
3. How does Elijah's story show that truth corresponds to reality?
4. How does knowing God personally help us understand truth?

Next Step

This week, when you face a difficult decision, ask yourself: "Am I choosing what feels easier—or what is actually true?". Then look to Scripture and choose to follow God's truth.

Closing Prayer

Thank You

Lord, thank You that truth is real and that You reveal it to us. Thank You that we don't have to live in confusion or uncertainty because You have made Yourself known.

Sorry

Forgive us for the times we have wavered between opinions or followed what culture says instead of what You say. Forgive us for ignoring truth when it was uncomfortable.

Please

Give us courage to stand on truth and wisdom to recognize it clearly. Help us follow You with confidence and not be divided between competing voices. Lead us to live lives that reflect Your truth so others can see You through us.

In Jesus' name, Amen.

CLEAR CONSCIENCE

Lesson Overview

This lesson explores the role of the conscience and how God has written His moral law on the human heart. Our conscience acts as an internal witness that helps us recognize right and wrong, guiding us toward truth and holiness. When aligned with God's Word, the conscience becomes a powerful guide for living with integrity. But when ignored or hardened by sin, it can become dull and unreliable.

Big Idea

God has written His moral law on our hearts, and a clear conscience helps guide us toward truth, integrity, and a life that honors Him.

How to Apply

Pay attention to your conscience and align it with God's Word so it remains sensitive to His guidance.

Icebreaker

Ask the group: Have you ever had a moment where something inside you told you, "This isn't right," even if no one else knew about it? What helped you decide what to do?

Scripture & Reflection

Key Verse | Romans 2:14–15

"For when Gentiles, who do not have the law, by nature do the things in the law... who show the work of the law written in their hearts, their conscience also bearing witness."

God designed every person with a conscience—an inner awareness that helps us recognize right and wrong. Even without written laws, people often know when something is wrong because God has placed His moral law within us.

The conscience is not something physical we can see, but it is deeply connected to our spirit.

John 4:24: "God is Spirit, and those who worship Him must worship in spirit and truth."

When our conscience is healthy and aligned with God, it becomes a powerful guide that helps us live with integrity and make decisions that honor Him.

Teaching Activity

Ask everyone in the group to close their eyes for a moment. Then ask: Think of a time when you knew you should do the right thing, even when it was difficult. What helped you recognize what was right?

Explain:

Our conscience acts like a moral compass. It alerts us when something is wrong and encourages us toward what is right.

But just like a compass needs to be properly aligned, our conscience must be shaped by God's truth to guide us correctly.

Group Discussion

1. Why do you think God placed a conscience within every person?
2. How does the conscience act as a moral compass in everyday life?
3. What happens when people ignore their conscience repeatedly?
4. How can sin "sear" or dull a person's conscience over time?

Next Step

This week, take time to pause and listen when your conscience prompts you.

Ask yourself: "Is my conscience aligned with God's truth, or am I ignoring what God is showing me?" Then take one step of obedience in response.

Closing Prayer

Thank You

Lord, thank You for creating us with a conscience that helps guide us toward what is right. Thank You for writing Your moral law on our hearts and for giving us Your Word to help us understand Your truth.

Sorry

Forgive us for the times we have ignored our conscience or chosen convenience over obedience. Forgive us for the moments we allowed sin to dull our sensitivity to Your voice.

Please

Help us keep a clear conscience before You and before others. Shape our hearts through Your Word and Your Spirit so that our decisions reflect Your holiness. Give us the courage to follow what is right, even when it is difficult.

In Jesus' name, Amen.